

It is estimated that three children in every average-size classroom in the UK has a mental health issue, including anxiety, depression, and low self-esteem.

From childhood upwards, we all need to have self-confidence and emotional intelligence to convey our thoughts and feelings, express our opinions politely and confidently, to have a voice in the classroom or workplace, and know how to establish positive relationships with other people. These life skills give us the freedom to develop to our full potential and have self-confidence in our own abilities.

In 1979, Helen O'Grady, a trained teacher and actress, recognised the benefits of drama and role-play in building self-confidence, developing communication skills, and encouraging social interaction. 44 years later, the international Drama Kids academy is still delivering this vision around the globe through an expertly structured and professionally written drama curriculum.

Our specially written curriculum ensures our students have a fun-filled drama lesson every week whilst we aim to:

- Develop skills in verbal communication and social interaction.
- Build ongoing confidence and self-esteem.
- Encourage enthusiasm, energy, and a positive approach to life

VISIT OUR WEBSITE





CONTACT US

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