

**Evidencing the Impact of Primary
PE & Sport Premium 2022/23
Park Hill Junior School**

October 2022

Key achievements to date – this area demonstrates some crucial aspects of the impact of PE & Sport Premium achieved at the end of the academic year 2020/21:

Park Hill Junior School 2021 - 22 Overview



Bespoke Support

Bespoke support offered during 2021-22 academic year including:

Wide range of PE and Sport ideas supporting health and wellbeing of all students.

Wide range of staff CPD.

Access to real PE portal allowing all staff to consistently deliver holistic PE lessons.

Key achievements

- All students provided with multiple opportunities to achieve 60 active minutes and improve their health and wellbeing through a range of fun events across the year and during Health & Sport week.
- Students in need of extra support targeted with an array of specialist interventions.
- All staff supported through specialist PE training.



Strategic Review

PE Co-ordinator and CSSP representative have been in regular contact throughout the year to action plan, design targeted interventions and to ensure that PE is at the forefront of the school life.

Competitions



All students provided with regular opportunities to participate in competitive events, establish and improve their personal best (whole school x-country, a range of house competitions, virtual competitions).

Targeted Interventions

All SEND students provided with regular support aimed at development of fundamental movement and life skills to ensure their enjoyment in PE and sport as well as progression of cross-curricular skills.



Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	60%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	60%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	56%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2022/23	Total fund allocated: £19,600 Total spent from 2021/22: £24837.34	Date Updated: 14/10/2022		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Maximising engagement of all pupils in regular physical activity through:</p> <ul style="list-style-type: none"> ● effective use of outdoor equipment and play spaces; ● providing students with strategies and tools to encourage, monitor and measure daily activity; <p>This will increase the number of opportunities for children to be active throughout the day, enable all students to experience high quality play, develop healthy habits and lead to pupils undertaking the active 60</p>	<p>Maximising effective use of outdoor spaces in order to ensure a wide range of opportunities for all pupils to be active throughout the school day. Ideas to include:</p> <ul style="list-style-type: none"> ● Training and deployment of Young Sports Leaders in support of maximising activity time at break times, lunchtimes, before and after school through effective use of the ‘foursquares’ and MUGA zones (two football, volleyball, netball, basketball, cricket bowling 	<p>Funded as part of the Croydon SSP membership</p>	<p>All young people to access opportunities to be physically active and to actively play each school day leading to an increased level of physical activity and active learning time each day, improved social interaction, expelling young people’s energy and exploration of their outdoor environment.</p> <p>Conclusions based on playtime observations and behaviour log showing less incidents of poor behaviour due to high levels of</p>	<p>The initiative uses the power of peer impact and peer role models to motivate and encourage young people to be active and contributes towards achieving the Chief Medical Officer’s guideline of being active for 60 minutes a day.</p> <p>It is suggested that the project is reviewed on regular basis to ensure effective use of students’ voice and ensure that the format of the training and deployment of Sports Leaders is in line with young people’s</p>

minutes within a school day and beyond.	and dance zones). Training of Sports Leaders to take place across Autumn and Spring Terms. On completion of the training students to be actively deployed in support of break times/lunchtimes from Spring Term. Transferable skills learnt during the course to include cross-curricular links and to positively impact on students' performance in other subjects.		engagement by pupils.	expectations. Initiative to be implemented into the school's life both this year as well as in future.
	Investment into additional play equipment (allocated bag of equipment per each year group) to increase the variety of activities across all activity zones at both break time and lunchtime.	£750	All young people to be able to access their allocated equipment from Autumn Term.	Sports leaders to support students in effective use of the equipment. Examples of good practice to be praised and shared among children. Review of the effectiveness of getting and use of the new equipment to be carried out by the PE Lead.
	Provision of fitness tracking devices (Fitbits) to Y6 students (a group identified to be at the highest risk of obesity) to help them to develop long-term healthy habits and active lifestyles.	£9000	All Y6 students to be provided with tools to tracks their steps, active minutes and sleep with easy-to-read statistics. Pupils to get motivated by receiving celebration messages when they hit their daily goals and to collect virtual badges when they reach	School to review the success of the project half way through the year and at the end of the academic year to identify its strengths and potential areas for development. School to design effective Fitbit sustainability plan to enable

			big milestones.	tracking devices to be used in future years or rolled out to more year groups, if successful. This innovative investment to positively impact on the level of physical activity time undertaken by the students most at risk of obesity.
Ensuring effective continuity of the 'daily mile' project aimed at providing all students with additional 15minutes of physical activity a day; this will lead to improvements in young people's focus, behavior, health and fitness.	All classes to get actively involved in the project. Children to be encouraged to design strategies and ideas to personalise the project for each class and for each child to ensure maximum enjoyment and engagement.	Successful continuity of the project to be overseen as part of the Croydon SSP membership.	All pupils engaged in the project. All classes encouraged to participate in the initiative on a daily basis with a minimum requirement being 4 times a week. This would lead to increased levels of energy and improved fitness, increased concentration in class, improved self-confidence and self-esteem linked to achieving goals and making constant progress. Regular activity will also positively affect students' health and wellbeing leading towards weight reduction and tackling the negative impact of obesity.	The initiative to be continued at least 4 times a week throughout the whole duration of the academic year.
Engagement of all pupils in high quality PE lessons as well as active curriculum to ensure personalized, child-led holistic approach to education supported by well trained and confident staff.	All children and staff to continue to access a full array of Create Development educational programmes, including amongst others core real PE, real gym and real dance.	Annual access to portals funded as part of PE & Sport Premium 2021/22	School license for 2022/23 to be upgraded in Autumn Term 1 with all staff able to deliver real PE approach to all students in their PE lessons ensuring consistency of fun, exciting, innovative and fully inclusive PE lessons to all	Children's enjoyment and staff confidence in using the programmes to be regularly monitored with support provided to anyone who may need it.

	Further implementation of Teach Active (Active Maths and Active English) scheme leading to students' raised attitudes to both maths and English, raised attainment, increased levels of physical activity in lessons, students' improved motivation, confidence, self-esteem and behaviour.		pupils. All children to be supported with engaging and active solutions to master their maths and literacy skills. All teachers to successfully contribute towards addressing 'The Obesity Strategy' recommendations.	
Deployment of experienced high quality external PE providers to further increase the number of extra-curricular clubs and ensure staff skills progression through team-teaching.	All students provided with high quality PE lessons and a wide and balanced extra-curriculum offer; all staff provided with regular support in delivery of their PE lessons through one-to-one team-teaching.	£2750	All staff provided with support with delivery of high quality PE lessons leading to their improved knowledge of the subject and increased confidence in teaching. All students provided with access to high quality PE lessons and a vast array of sporting opportunities. Additional offer in place for pupils who may be unable to access physical activity and sport outside of school (asylum seekers / PP / SEND pupils).	Teachers to continue to improve both their confidence and competence in teaching PE and to be able to continue working independently in future. Children to enjoy a wide array of participation opportunities and to develop positive early core memories leading to more active lifestyles in future.

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Ongoing membership with Croydon School Sport Partnerships aimed at developing a bespoke and varied offer of sport and PE related projects and initiatives that will continue to raise the profile of PE and sport across the whole school and increase the number of young people accessing high level Physical Education.	Action Plan outlining details of co-operation between the school and the SSP to be created and reviewed on a regular basis throughout the year. Actions to be aimed at both students and staff, including extensive CPD offer, leading to an improved quality of teaching and learning throughout the school as well as an increased participation in School Games.	Funded as part of Folio Trust Agreement (value of £4182)	Meeting with the PE Leader and SGO/Senior School Sport Development Officer held on 08/09/22 leading to creation of a detailed Action Plan outlining this year's co-operation. Action Plan to be reviewed and updated on half-termly basis.	Action Plan to continue to focus on the introduction of both innovative and sustainable projects. All initiatives to be co-ordinated by the PE Lead with the involvement, when possible, of other staff to ensure good understanding, successful implementation and ownership of the initiatives across the whole school.
	Bespoke initiatives aimed at ensuring holistic approach towards PE and sport and using PE as a tool to improve students' wider skills to be implemented regularly across the school year. Ideas to include team building activities as well as numerous targeted interventions (for example for SEND pupils) focused on developing students' skills and abilities to work effectively as a team, lead and follow, create and present their ideas, celebrate progress and review performance to enrich the existing PE and sport	Funded as part of the Croydon SSP membership	All pupils to participate in team building workshops to learn ideas and strategies on how to work effectively together. Shown activities to include examples of different leadership styles and supporting a partner/a team that link to other areas of the curriculum and can be used in day to day class based work. Pupils to also be provided with a range of targeted interventions best matching their needs.	Class teachers and/or TAs to participate in each session to learn new ideas and to build on their knowledge on how to incorporate team building activities in their lessons in future.

	offer to be delivered to all students.		<p>23/9/22 Year 4 Teamwork session for children needing to build team building skills with Agata from the CSSP.</p> <p>13/10/22 Sports captains ran a year 2 multi-activities competition on the field with Agata from the CSSP.</p> <p>22/11/22 A team of 10 pupils attended the SEND Panathlon event at Archbishop Lanfranc Academy.</p>	
Further development of school based initiatives aimed at raising the profile of PE and School Sport leading to students' increased willingness to access a wide variety of PE and sport projects.	<p>School to continue to run a Sport & Health Week in Summer Term aimed at all pupils' participation in a wide variety of sporting activities in order to raise students' awareness about the importance of physical activity, exercise, regular participation in sport, healthy diet and healthy lifestyle. The project to also include focus on mental health to further support young people who are still recovering from the impact of the pandemic.</p> <p>Pupils to be provided with a wide range of inter-house competitions to enable all children access to a wide and varied sporting offer as well as high quality competition and enable the school to select teams that will represent the school at the borough</p>	<p>£1000</p> <p>£1500</p>	<p>All students to be praised for their involvement in PE leading to their enjoyment, improved motivation, self-confidence and self-esteem. All students to be encouraged to follow and learn about major sporting events as well as trying new sports they may not have experienced before.</p> <p>The table tennis competition was postponed due to snow on the playground where the table tennis tables are. It has run from the middle of January.</p>	School based initiatives to be fully incorporated in the school life to ensure continuity in future. Parents/Carers/Local community to be aware, proud and actively involved in celebrating sporting success within the school via either live or virtual opportunities.

	wide events.		
	Pupils led assemblies celebrating their progress and achievements in PE and sport as well as celebrating major sporting events to be held on a regular basis throughout the school year.	£250	21/11/22 Assembly run by the sports captains to discuss how to play sensibly and kindly in the playground using the 5Rs.
	Young athletes to take pride in representing their school – Sports Captains to be provided with special kit / regular certificates/medal ceremonies celebrating students’ participation in PE and sport to take place throughout the year.	£500	All parents/carers to be regularly informed about the school PE and sport offer and provision and encouraged to get involved in celebration of success and progress. A medal ceremony was made in December to the boys who came 2nd in the year 6 cross country. Certificates for the Pantathlon, taking part in the London mini-marathon, orienteering, cross country and sportshall athletics were also distributed during merit assemblies.
	School to restock their PE equipment in order to ensure safe access for all pupils and maximize effectiveness of their PE curriculum provision. Main investments to be made in restocking tennis equipment and basketballs.	£1000	All students to have access to a wide variety of equipment in support of their progression and a vast array of activities.
	PE/Sport/School Games noticeboard	N/A	All within the school community

	<p>to be regularly updated and maintained by the PE Lead, Club Leaders and Sports Captains; news on sporting activities to be included in weekly newsletters and social media activity to ensure successful promotion of PE and sport within the community.</p>		<p>to celebrate both the success and the positive changes achieved by pupils' regular involvement in PE and sport.</p> <p>Inter-house competitions and results from sporting events are placed on the sports board in the Atrium.</p>	
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Regular high quality CPD opportunities for the PE Leader and all staff in order to ensure teaching and learning in PE.	PE Lead to monitor all staff's confidence in delivery of real PE philosophy across Core real PE, real gym and real dance programmes. Where needed, interventions and/or team teaching options to be offered to identified members of staff to continue to ensure delivery of holistic, fun, positive and inclusive PE curriculum for all pupils.	Funded as part of the Croydon SSP membership	All staff trained and confident in delivery of high level PE lessons where all children enjoy their PE experience, are supported, challenged and included in their learning process. All teaching staff were trained in the Real PE philosophy and real gym and dance programmes last academic year.	Level of staff confidence in the delivery of PE lessons to be regularly monitored by the PE Lead with opportunities for further support to be provided by Croydon SSP where required.
	PE Leader to attend regular PE Co-ordinators Meetings run by Croydon SSP to ensure effective communication, creating links with other schools and access to news on the development of PE and sport across the borough.	Funded as part of the Croydon SSP membership.	PE Lead to stay up-to-date with the PE and sport developments across the borough.	PE Meeting updates and learning from the conference to be shared with the rest of the staff, where appropriate.

	<p>PE Leader to regularly monitor, evidence and celebrate the impact of the PE and Sport Premium across the school.</p> <p>PE Lead to receive training in order to continue to use the PE & Health Wheel - an innovative online tool which allows schools to track all PE and sport related initiatives throughout the year.</p>	<p>Funded as part of the Croydon SSP membership</p>	<p>School to continue to access the tool to demonstrate effective use of PE and Sport Premium.</p> <p>Wheel to be updated on a termly basis to effectively demonstrate impact and report progress.</p> <p>Tweets are sent out on twitter to celebrate events and sports updates are written in the newsletters. Sporting achievements are also celebrated in merit assemblies on Fridays.</p>	<p>An additional member of staff (apart from the PE Lead) to get confidence in using the wheel to ensure sustainability.</p>
	<p>PE Leader to attend virtual Croydon & Sutton PE and Sport Conference in March 2023 to learn about the current trends in delivery of PE and sport.</p>	<p>Funded as part of the Croydon SSP membership</p>	<p>At least one member of staff to attend the event.</p>	<p>PE Leader to share the outcomes of the conference with the rest of the staff.</p>
	<p>School to access 'All Schools Programme' delivered by Trinity School providing a range of high quality CPD opportunities across a variety of sports and mental health.</p> <p>School to also access 'Shooting Stars' Girls Football Programme allowing staff to deliver an engaging extra-curricular offer aimed at using football and invasion games as tools to build girls' confidence, competence and</p>	<p>Funded as part of the Croydon SSP membership and in partnership with Trinity School</p>	<p>All students and staff provided with opportunities to experience regular high quality PE teaching both within and outside of curriculum time.</p>	<p>Selected members of staff to attend suitable training and to start sharing and implementing their knowledge across the school.</p>

	physical literacy.			
	Staff to access basketball and rugby training delivered by specialist coaches to enable delivery of fun, inclusive and progressive games activities.	£700		

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Development of whole school, both non-competitive and competitive participation opportunities allowing all young people to access a wide range of PE and sporting provision.</p> <p>Development of additional targeted sporting opportunities aimed at various participation groups - the inactive students and the children at risk of inactivity – students worst affected by the impact of the pandemic, Pupil Premium pupils, semi-sporty pupils, young people not currently accessing the extra-curricular offer, SEND students and G&T students. Activities to be based on student voice and pupils' responses in a PE and Sport survey.</p>	<p>All students to be provided with access to regular fun sporting and team building workshops, sporting events, inter-house competitions and wide participation opportunities across the year and during the Health & Sport Week.</p>	<p>Funded as part of the Croydon SSP membership</p> <p>Tackling obesity £800</p>	<p>All young people to be provided with access to regular physical activity leading to their improved fitness, well-being, self-esteem, weight management and performance in curriculum PE.</p> <p>23/9/22 Year 4 Teamwork session for children needing to build team building skills with Agata from the CSSP.</p> <p>27/9/22 The PHJS whole school cross country competition was run by the CSSP with all of the pupils in the school involved.</p> <p>29/9/22 Orienteering event for children who showed they were curious about orienteering and the world around them during the 2022 Health and Sports week in June.</p> <p>4/10/22 Year 3 and 4 Croydon Cross Country competition. The runners who excelled in the school competition ran in the Croydon competition at Lloyd Park.</p>	<p>Participants to be signposted to local clubs that offer similar opportunities in a community setting leading to sustainable exit routes.</p>

			<p>10/10/22 Year 5 and 6 Croydon Cross Country competition. The runners who excelled in the school competition ran in the Croydon competition at Lloyd Park. Our year 6 boys came 2nd in Croydon!</p> <p>22/11/22 A team of 10 pupils attended the SEND Panathlon event at Archbishop Lanfranc Academy.</p> <p>30/11/22 Year 6 pupils were chosen to take part in the Sportshall athletics competition at Royal Russell school. We came 4th out of 8 schools.</p>	
Investment towards the Top Up swimming sessions for year 6 swimmers who have not yet met the national standards.	All Y6 students who have not yet met the national standards to access opportunities to improve their swimming skills. School to register with Swim England / Water Safety Charter.	£600	All identified Y6 students to participate in additional swimming lessons in order to develop life-saving skills as well as increase their confidence and self-esteem. All students at the end of KS2 to be able to swim confidently and know how to be safe in and around water.	Pupils' progress and effectiveness of the project to be monitored on regular basis. If successful, initiative to be continued in future.
Increased participation in borough wide activities offered by Croydon SSP and borough sports associations / leagues ensuring access to a wide variety of PE and sport related	Pupils of all year groups to experience a wide range of new sports and activities, participate in various types of events (festivals, workshops, competition etc) and	Funded as part of the Croydon SSP membership. Kit and other	Students exposed to new additional sporting experiences leading to their improved motivation to continue their involvement in PE, sport and	Initiative to lead towards creating a culture of regular participation in borough wide events.

activities for all students.	learn new transferrable skills.	participation related costs £500	active lifestyle. (See evidence in yellow above)	
Further development of regular co-operation with both Coombe Wood School, part of Folio Trust, allowing pupils to access high quality coaching by the CWS PE staff in an excellent sporting venue.	Pupils to experience new sports and activities and to learn new transferrable skills.	N/A	Many students exposed to new additional sporting experiences and community links leading to their improved motivation to continue their involvement in PE, sport and active lifestyle within the local area.	Initiative to lead to creating sustainable links with Coombe Wood School leading to sustained co-operation in years to come.
Development of links with Park Hill Infant School in support of pupils' transition from Y2 to Y3 as well as to improve provision of sport leadership opportunities for the junior school students.	Junior students to implement and master their sport leadership skills in support of infant sporting events (multi-skills festival, Sports Day etc).	Funded as part of the Croydon SSP membership.	Many students exposed to new additional sporting experiences and community links leading to their improved motivation to continue their involvement in PE and sport in various roles. 13/10/22 Sports captains ran a year 2 multi-activities competition on the field with Agata from the CSSP.	Initiative to lead to creating sustainable links with Park Hill Infant School leading to sustained co-operation in years to come.

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Development of new and continuity of existing in-school competitive opportunities in order to increase all students' participation in competitive sports. Initiatives aimed at all pupils' increased understanding of their personal best, the importance of practising and progressing, the meaning of winning and losing and the confidence in trying to be the best they can be.</p>	<p>Delivery of whole school cross-country competition in Autumn Term.</p> <p>School to review and re-develop their inter-school sports competition offer to fit current circumstances, raise participation in competitive sport and ensure all children's access to competitions.</p>	<p>Funded as part of Croydon SSP membership</p>	<p>All children to experience opportunities to establish their Personal Best and participate in intra-school competition.</p> <p>Inter-house competitions to take place once every half-term, allowing all pupils access to a wide variety of sporting experiences leading to their increased motivation and resilience and improved understanding of rules and tactics as well as improved teamwork and partner work.</p> <p>Intra-school competitions to link to inter-school calendar to provide opportunities for adequate pre-event training and to maximize chances for success.</p> <p>Even more participation opportunities to be created as part of Health & Sport Week in the Summer Term.</p> <p>23/9/22 Year 4 Teamwork session for children needing to build team building skills with Agata from the</p>	<p>Whole school cross-country to become an annual event delivered by the school in future.</p> <p>Responsibility for running regular half-termly competitions to be shared by the PE Lead with all staff and selected students.</p>

			<p>CSSP.</p> <p>27/9/22 The PHJS whole school cross country competition was run by the CSSP with all of the pupils in the school involved.</p> <p>29/9/22 Orienteering event for children who showed they were curious about orienteering and the world around them during the 2022 Health and Sports week in June.</p> <p>4/10/22 Year 3 and 4 Croydon Cross Country competition. The runners who excelled in the school competition ran in the Croydon competition at Lloyd Park.</p> <p>10/10/22 Year 5 and 6 Croydon Cross Country competition. The runners who excelled in the school competition ran in the Croydon competition at Lloyd Park. Our year 6 boys came 2nd in Croydon!</p> <p>22/11/22 A team of 10 pupils attended the SEND Panathlon event at Archbishop Lanfranc Academy.</p> <p>30/11/22 Year 6 pupils were chosen to take part in the Sportshall athletics competition at Royal Russell school. We came 4th out of 8 schools.</p>	
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<p>Continuity of provision of the existing and development of new inter-school competitive opportunities leading to an increased number of students accessing both School Games as well as other inter-school events. Focus on ensuring that access to the inter-school competitive opportunities is provided to all students.</p>	<p>School to attempt to make the most of the Croydon SSP competition offer (up to 73 hours of competitive events per year) ensuring that students are introduced to a wide selection of inter-school events each half-term. Participation to include both School Games and additional non-School Games events as well as virtual competitions to enable involvement of more students than ever before. Competition offer to be open to all pupils, including SEND students.</p> <p>Intra-school competition offer to link to the borough competition offer to enable pupils enough practice and effective pathways.</p>	<p>Funded as part of the Croydon SSP membership.</p>	<p>More students, including those previously not attending intra-school competitions, entered into events each half-term. Competitions to include both live and virtual formats.</p>	<p>School to continue to create a culture of competitive sport leading to students' long-term participation in borough wide competition offer.</p>
<p>School to develop further links with Coombe Wood School in order to offer additional new competitive experience using their new facilities.</p>	<p>N/A</p>			
<p>School to introduce more competitive initiatives in partnership with St Peter's Primary School promoting closer community links as part of Folio Trust.</p>	<p>N/A</p>			

	<p>School to aim to introduce targeted competitive interventions to increase participation opportunities of groups previously not accessing inter-school competitive sport.</p>	<p>Funded as part of Croydon SSP membership.</p>		
	<p>School to continue to participate in both football and netball leagues.</p>	<p>Separate fee for attending the sport associations' events may apply.</p>	<p>23/9/22 Year 4 Teamwork session for children needing to build team building skills with Agata from the CSSP.</p> <p>22/11/22 A team of 10 pupils attended the SEND Panathlon event at Archbishop Lanfranc Academy.</p>	